Urban Wetlands providing ecosystem services
Site - Downtown Phoenix

Map showing Downtown Phoenix, Phoenix Sky Harbor Airport, Desert Botanical Garden, Phoenix Zoo, and their proximity to various downtown locations. The map includes distance markers in miles (0, 0.25, 0.5, 1, 1.5, 1.8, 1.5) from Downtown Phoenix.
The problem and context: Preserve fresh water as a resource while recycling wastewater through urban wetlands to provide ecosystem services

The direction of water management has taken throughout history has begun to show in severe drought conditions of groundwater and aquifer depletion while ocean levels rise. The established method of treating stormwater and rainwater in an urban environment has been to direct it off of surfaces and away from a city. As populations grew the water cycle became more manipulated. Dams, canals and large irrigation systems were built. Wastewater was isolated, collected and transferred outside of cities to be treated. This allowed for an immediate rise in standards of living for populations in urban environments. For centuries before and at the beginning of human civilization the natural hydrological cycle filtered, absorbed, transferred and balanced the distribution of water and waste through plants and soil to groundwater recharge which leads to river life and cycles which in turn flow to the oceans. Today the average flow of water into streams and reservoirs has been decreased by 37% (Sensitive Cities 2012). Climate and rainfall does play a role, however, the demand and use by civilizations can be managed and reduced while revealing how non-rainwater sources of water can play a role in delivering liveable, resilient and productive cities.

Rather than a costly and smelly waste treatment plant new industries, economic growth, and new technology can be used to generate new ways of collecting and using wastewater in a safe, and aesthetically pleasing construction. Through the Living Building challenge construction of wastewater treatment wetlands has already been included for on-site waste water treatment in the design of new buildings. Several buildings through the Living Building Challenge have been completed with constructed wetlands and awarded LEED platinum as well as Living Building Challenge credentials.
By 2040 the surrounding downtown areas of Phoenix will have grown 4 x current population.

These areas will have 10,000 and more people per square mile.
Drought severity measures the average length of droughts times the dryness of the droughts from 1901 - 2008.

Areas of Drought Severity

Drought severity measures the average length of droughts times the dryness of the droughts from 1901 - 2008.

Calculations: Drought severity is the mean of the lengths times the dryness of all droughts occurring in an area. Drought is defined as a contiguous period when soil moisture remains below the 20th percentile. Length is measured in months, and dryness is the average number of percentage points by which soil moisture drops below the 20th percentile. Drought data is re-sampled from original raster from into hydrological catchments.
Groundwater Stress

Areas where there is Ground Water Stress

Ground water stress measures the amount of groundwater withdrawal relative to its recharge rate over a given aquifer. Values above on indicate where unsustainable groundwater consumption could affect groundwater availability and ground-water dependent ecosystems.

Calculations: Groundwater footprint divided by the aquifer area. Groundwater footprint is defined as $A\frac{C}{(R-E)}$, where $C$, $R$, and $E$ are respectively the area-averaged annual abstraction of groundwater, recharge rate, and the groundwater contribution to the environmental stream flow. $A$ is the areal extent of any region of interest where $C$, $R$, and $E$ can be defined.
Aquifer Stress

Groundwater Stress

April 14th 2014

Low <10 Percentile - Much Below Normal
10-24 Percentile - Below Normal
25-75 Percentile - Normal
76-90 Percentile - Above Normal
Not Ranked

USGS Real Time Groundwater

US Aquifers
More than 1.8 million people live in Phoenix itself, and 22 cities surround it in the Valley of the Sun, forming the largest metropolitan landscape by area in the United States.

Each year the valley receives about Seven Inches of rainfall. Average temperatures exceed 100 degrees for three months a year, with peaks as high as 120 degrees. Global Climate change means longer sustained days of heat means more loss of water to evaporation.

Desert nights no longer cool down they way they used to, because energy from the sun is trapped in roads and buildings, a phenomenon researchers call the “urban heat island effect.”
Irradiance - The amount of electromagnetic energy incident on a surface per unit time per unit area. In the past this quantity has often been referred to as "flux".
* When measuring solar irradiance (via satellite), scientists are measuring the amount of electromagnetic energy incident on a surface perpendicular to the incoming radiation at the top of the Earth's atmosphere, not the output at the solar surface.

Solar Constant - The solar constant is the amount of energy received at the top of the Earth's atmosphere on a surface oriented perpendicular to the Sun's rays (at the mean distance of the Earth from the Sun). The generally accepted solar constant of 1368 W/m² is a satellite measured yearly average.

Insolation - In general, solar radiation is received at the Earth's surface. The rate at which direct solar radiation is incident upon a unit horizontal surface at any point on or above the surface of Earth.
* I will refer to insolation as direct solar radiation at the Earth's surface.

How radiation is expressed in an urban environment with regards to materials.

Transmission = Filter
Reflection/Scattering = Reflection or Albedo
Absorption = Shade
Walkability

Investing in implementing an ecosystem service is securing a greener economy for the downtown not only in the ecology but in the dollars gained by venues and services that benefit from the attraction of people.

This study shows that investments in pedestrian safety and an attractive street environment brings quantifiable financial returns. Key Finding: On a seven-point pedestrian environment scale,

**Every One Point Increase In Walkability Was Associated With 5.2% Higher Retail Prices and 4.9% Higher Commercial Rents.**

Economic Value of Walkability, Victoria Transport Policy Institute, September 2009, citing a study by Accent Marketing and Research. Key Finding: This study of consumer expenditures in British towns found that customers who walk spend significantly more ($50) compared to those who drive ($40), take transit ($38), or arrive by taxi, bicycling, or other mode ($35).

“The Impact of Neighborhood Walkability on Walking Behavior” paper
Published November 2013
The paper provides strong evidence that Neighborhood walkability impacts the amount of time people walk. Those who live in a more walkable neighborhood, where the infrastructure is pedestrian-friendly, walk more than those who live in a neighborhood less conducive for walking.

People will take advantage of pedestrian-friendly environments and walk more – whatever their original predispositions were towards walking.
The First Era Of Water - Relying on Nature’s Sources
Hydrological Cycle - This process shows Earth’s ability to filter itself through an air, land, and underground process
Dependence on Natural Water Cycle
Humans’ water needs were ‘cleaned’ by the Hydrological Cycle. Average life span of Human - 35 years.

The Second Era Of Water
Humans Manipulate Water Cycle
A higher standard of living is achieved through innovations in water technology such as Canals, Dams, Irrigation
Wastewater is collected and isolated
Canals strain dirty water out of tank-less water born illness and disease
Population Living Longer
With sanitation and water-related diseases reduced, population growth

The Third Era Of Water
Over-Development
New industries, economic growth, and new technology add to the demand of water world-wide
Failure to Integrate
Delivery of water over long distances, open storage
Lack Of Access
1/3rd of the world’s population currently lacks access to fresh water.
Earth’s Climate Is Changing
Temperatures are rising and the need for water will too.
Precipitation cycle with change as a result

Fourth Era Of Water

Ecosystem Services from Non-rainwater supply solutions along with rainwater harvesting

To help establish a broader vision and system for a city like Phoenix to avoid committing to a growth pattern of costly augmentation of water supply and environmental damage. This proposal has the potential to improve water management and livability in the city at the same time.

Recycling and Wastewater, Greywater Condensate Urban Wetlands

Uses for Recycled Water

- Landscape
- Public parks
- Golf course irrigation
- Cooling water air conditioning
- Toilet flushing
- Dust control
- Construction activities
- Concrete mixing
- Artificial lakes or water feature
Downtown Wetlands

The full use of water ecosystem services in an urban environment can shift and combine the image of water from a resource focus to a service focus. Water supplies will be stressed because of the growth in demand. Bringing water out into public spaces in a manner that demonstrates a recycled use demonstrates the importance and needs on water. It will take a coevolution of technological and mutually reinforcing institutional and sociocultural goals and values. This project looked at ecosystem services as the catalyst for the shared goals and values in society and how these ecosystem services can be delivered through constructed urban wetlands.

Lessons learned from current construction demonstration sited and already existing models allow for diversity of configuration of constructed wetlands to adapt to growth and continue even distribution of recycled wastewater. A decentralized water system not only has landscape design and construction mitigating stormwater runoff and providing rainwater harvesting it creates re-uses for non rainwater sources such as HVAC condensate and wastewater wetlands. Wetlands are permanently waterlogged areas populated by hydrophytic plants such as reeds, They comprise a variety of sub-surface micro-habitats of differing oxygenation and redox potential. Constructed wetland systems are increasingly being employed for treatment of wastewater, sewage sludges and industrial effluents as a cost-effective, low energy and robust alternative to traditional engineered biological treatment such as the activated sludge process.

constructed wetlands are classified according to their mode of operation as free water surface-flow, horizontal flow, vertical downflow or vertical upflow type. They have been used successfully in the treatment of domestic sewage, urban, highway and stormwater runoff, acid mine drainage, agricultural wastewater and industrial effluents (including landfill leachate). Biological oxygen demand (gases) and solids reduction occurs through microbial activity and removal of nitrogen and phosphorus through the processes of filtration, denitrification, plant uptake and absorption. This project is focused on the subsurface flow wetlands which through its construction allows for integration within a streetscape or urban space of a city.
Design structure of a new water management system

Use of water ecosystems and integrated wetlands develops multifunctional urban spaces

Conventional Wastewater Treatment

Single purpose to process and treat large volumes of wastewater on small parcels of land

Secondary benefits not considered

Process involves application of chemicals and energy for pumping, agitating and aerating

High cost of electricity/feul to operate waste treatment facility

Constructed Emergent plant Wetlands

Scaled to neighborhood and can be distributed throughout the watershed

Secondary benefits in conservation of water and ecosystem services that contribute to the landscape network

Byproducts can be used to augment landscape, natural areas and contribute to species and habitat diversity.
Wetlands ecologies are both complex and stable and the root systems of the plants are adapted to thrive all the while submerged in water. Wetlands have continuous water flow, thus the plants are adapted to filter out nutrients very quickly. Plants do not take up the waste contaminants to their tissue the submerged root system is where nutrients are broken down so no portion of their leaves or stems contain contaminants.

Constructed Wetlands are differentiated by vegetation type and flow regime. A new function to wetlands is below ground treatment of wastewater. The benefit to this is a multifunctional green infrastructure that can be scaled to the neighborhood as well as a city block and distributed throughout the watershed.

The (HSF) horizontal subsurface flow wetland and the (VSF) vertical subsurface flow wetland are the two options for below-ground treatment stages. A hybrid of the two allows for more compactness and higher performance of treatment.
Case Study Sidwell Friends Middle School - Living Building

- **90%** Reduced Municipal Water Use
- **60%** Less Energy Demand
- Dashboard Information Access

**Biodiversity**

- Over **80** Native Plant Species established on the campus
- Learning Life Sciences in Landscape
Case Study San Francisco
Living Building

These Living Buildings clean wastewater through a living wetland system that moves from outside to inside the building.

11 Story Building
900 employees
recycles 6,000 gallons per day of wastewater
60% Reduction of municipal waste cost.
Plant Choices For an Urban Setting

**Exterior wetland plants**
- Eleocharis palustris
- Calex species
- Acanthus mollis
- Chronodropetalum tectorum
- Junicus effusus
- Acorus gramineus
- Cyprus alternifolius

**Interior wetland plants**
- Rumohra adiantiformis
- Agapanthus Precox
- Zantedeschia aethiopica
- Cyprus alternifolius
## Adopting An Adaptive Regime

<table>
<thead>
<tr>
<th>Attributes</th>
<th>Traditional Regime</th>
<th>Adaptive Regime</th>
</tr>
</thead>
<tbody>
<tr>
<td>System Boundary</td>
<td>Water supply, sewerage and flood control for economic and population growth and public health protection</td>
<td>Multiple purposes for water considered over long-term time frames including waterway health, transport, recreation/amenity, micro-climate, energy, etc.</td>
</tr>
<tr>
<td>Management Approach</td>
<td>Compartmentalization and optimization of single components of the water cycle.</td>
<td>Adaptive, integrated, sustainable management of the total water cycle (including land-use)</td>
</tr>
<tr>
<td>Expertise</td>
<td>Narrow technical and economic focussed disciplines</td>
<td>Transdisciplinary, multi-stakeholder learning across, technical design, economic, social and ecological spheres, coordination across all levels and usually with social engagement.</td>
</tr>
<tr>
<td>Service Delivery</td>
<td>Centralised, linear and predominantly technologically and economically based</td>
<td>Diverse, flexible solutions at multiple scales via a suite of approaches (technical, social, economic, ecological etc.)</td>
</tr>
<tr>
<td>Role of Public</td>
<td>Water managed by government on behalf of communities</td>
<td>Co-management of water between government, business and communities</td>
</tr>
<tr>
<td>Risk</td>
<td>Risk regulated and controlled by government</td>
<td>Risk shared and diversified via private and public instruments</td>
</tr>
</tbody>
</table>
Wastewater design characteristics are used to determine size and design of the treatment system components. Design mass load of chemical oxygen demand (COD) and Total Kjeldahl Nitrogen (TKN) are the primary water quality indicators or characteristics for sizing treatment components. The following table shows selected design influent concentrations that would be cleaned based on a flow rate of 5,000 gallons per day. The system is designed to provide for maximum treatment capacity in the space available in the wetland cells. If the flow of wastewater has significantly higher concentrations of the key constituents listed in the Table 1, the treatment capacity will be reduced to less than 5,000 GPD. The flow into the system can be monitored by a control system and set manually by an operator that will allow overflow to the city sewer.

Table 1. Tidal Wetland Design Influent Wastewater Characteristics

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Concentration mg/L</th>
<th>Mass Load (b) kg/d</th>
<th>lb/d</th>
</tr>
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<tbody>
<tr>
<td>Design Flow, gallons per day</td>
<td>5,000</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>BOD (Biological Oxygen Demand)</td>
<td>260</td>
<td>4.92</td>
<td>10.83</td>
</tr>
<tr>
<td>COD (Chemical Oxygen Demand)</td>
<td>545</td>
<td>10.32</td>
<td>22.71</td>
</tr>
<tr>
<td>TSS (Total Suspended Solids)</td>
<td>90</td>
<td>1.7</td>
<td>3.75</td>
</tr>
<tr>
<td>Total Kjeldahl Nitrogen as N (c)</td>
<td>170</td>
<td>3.22</td>
<td>7.08</td>
</tr>
<tr>
<td>pH, standard units</td>
<td>6.5–8.5</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

(a) Wastewater pumped to the Living Machine System after primary treatment  
(b) Mass load based on stated design flow multiplied by the listed parameter concentration  
(c) Total Kjeldahl Nitrogen (organic + ammonia)
Vertical subsurface flow wetlands are continually flooded and drained to mimic incoming tides of natural estuaries.
Constructed horizontal subsurface flow wetlands are treating pre-treated water from the vertical subsurface wetlands based on gravel size and temperature.
Decentralized Wastewater Stakeholder Decision Model adapted using quadruple-bottom-line approach to help users determine what is most important to the community and How can decentralized wetlands in create these in urban environments through ecosystem services.
Designer as "one-man band."

The design is lead by a single learner of the discipline, who specializes and executes the design in isolation from other disciplines. Community and Stakeholders are represented. Coordination by standardization

System wide investment (management) by one party into the whole system.

Designer as an "orchestra conductor"

Multidisciplinary where the lead designer examines from other perspective and through their own discipline how to integrate and staple together the results from the other disciplines. Stakeholders and other disciplines contribute and synthesized by single party.

System wide management of multi-disciplines within the single party, multi-closed loops systems. Pooled interdependence.

Designer as part of an "ensemble"

Interdisciplinary where there is coordination from the design concept for a unified guide to the problem solving and shared methods. Community and Stakeholders can contribute to the process

Coordination by planning. Sequential interdependence

Adapted from Urban Ecological Design Plate #9 - The designer as part of an ensemble. Showing progression of management and collaboration towards a method that would include the quadruple bottom line.
Transdisciplinary model and the quadruple bottom

Transdisciplinary, allows for formulation of problems into different context and learn to see in new ways. There is coordination across all levels and usually with engagement of society and stakeholders. Reciprocal interdependence Coordination based on integrated input/output. Development based on shared values and goals and uncertainty and reorientation
### Ecosystem Service Defined in the quadruple bottom line & Transdisciplinary model

#### Aesthetics
- **Scale:** Human, Ecological, Local, City, Regional. Relevance, appropriateness, Proportions
- Color, texture, light, moisture, water, materials
- Habitat, productive soils

#### Social Equity
- **Human Uses**
  - Benefits and Experiences
  - Mental Health, Spiritual inspiration
  - Physical Health, Walkability, Access
  - Civic Attraction and community building
  - Educational

#### Economic Government & PPP
- **Securities and Goods**
  - Arable lands, crops
  - Drinking water, energy
  - Natural fibers, pharmaceuticals
  - Seafood, textiles, timber
  - Industrial products

- **Processes / Functions**
  - Biodiversity, food production
  - Future genetic materials, Pollination protection

#### Ecology Ecosystem Services
- **Processes / Functions**
  - Air pollution, CO2 absorption, carbon storage
  - Disturbance regulation, drought mitigation, dust particle capture
  - Erosion control, climate mitigation on different scales, groundwater recharge
  - Nitrogen removal / fixation, photosynthesis, seed dispersal, self-purification
  - Storm protection, UV protection, water purification
  - Water recycling, pollination protection
Ecosystem services out of the quadruple bottom line
Transdisciplinary, allows for formulation of problems into different context and learn to see in new ways. There is coordination across all levels and usually with engagement of society and stakeholders. Reciprocal interdependence Coordination based on integrated input/output. Development based on shared values and goals and uncertainty and reorientation.

Transdisciplinary model and the ecosystem services

Designer / Planner Professional

Discipline / Field of expertise

Licensed professional in expertise/discipline
A healthy downtown Phoenix core is what is essential to the growth and health of the surrounding municipalities.
Wastewater Use

- **Burton Barr Library**: 5,000 gallons per day
  - Approximate based on 2,000 visitors per day

- **Phoenix Zoo**: 1,200 gallons per day
  - Peak flow greater for events

- **Desert Botanical Garden**: 150,000 gallons per day
  - Peak flow greater for events

- **Phoenix Sky Harbor Airport**: 5,000 gallons per day
  - Approximate based on 110,820 passengers per day

- **Downtown Phoenix**: 554,094 gallons per day
  - Approximate based on passenger flow
Urban Wetlands providing Ecosystem Services

The Climate of Phoenix

To improve the quality of living in the urban city

While providing Non Rainwater and Rainwater supply solutions
For the vibrant landscapes, cooling micro-climates, walkability in the urban city

Current Issues
Drought
Stressed Groundwater Resources
Population Growth
Heat and Heat Island
Lack of aesthetics in the urban downtown
Downtown city one square mile comparison

Phoenix, Arizona

Atlanta, Georgia

Philadelphia, Pennsylvania

Los Angeles, California
Catholic Arch Diocese
This is the process of defining what are the elements of landscape design which contribute to the ecosystem services in the quadrupal bottom line and begins to look at placing an importance or priority on them based on the site specific conditions and use.

<table>
<thead>
<tr>
<th>Techniques</th>
<th>Micro Climate</th>
<th>Water Management</th>
<th>Air Quality</th>
<th>Physical Health</th>
<th>Mental Health</th>
<th>Energy Consumption</th>
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<tr>
<td>Trees &amp; sidewalk planting, ground cover</td>
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<td>Seat walls &amp; Raised planters Site furniture</td>
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<td>Vertical and horizontal vine systems for shade</td>
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<tr>
<td>Constructed Wetland</td>
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<td>Rainwater Harvesting</td>
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<td>Pollinator Plants</td>
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<td>Pocket Park</td>
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<td>Soil health, moisture</td>
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<td>Water Feature</td>
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<td>Shade Structure</td>
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</tbody>
</table>
City Hall Plaza
Site
First life, then spaces, then buildings
The other way around never works.

Jan Gehl
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