



**Methods Document:**  
**Owensboro Health Regional Hospital**  
West Virginia University

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**Overview of CSI:** This investigation was conducted as part of the Landscape Architecture Foundation's 2017 *Case Study Investigation* (CSI) program. CSI matches faculty-student research teams with design practitioners to document the benefits of exemplary high-performing landscape projects. Teams develop methods to quantify environmental, economic and social benefits and produce Case Study Briefs for LAF's Landscape Performance Series.

The full case study can be found at:

<https://landscapeperformance.org/case-study-briefs/owensboro-hospital>

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Diagram 1: Owensboro Health Regional Hospital Site Plan (Image Source: HGA Architects and Engineers)

## Environmental Benefits

An extensive stormwater management plan has been put in place at Owensboro Health Regional Hospital, as outlined in its Natural Resource Management Plan. Stormwater runoff from all parking lots and roadways are collected in either curbside parking lot islands that serve as rain gardens or guttered roadside drains and diverted into a 15-acre system of retention ponds. From roadside drains, the water travels through an underground stormwater system before being discharged down a concrete culvert. Between the end of the concrete waterway and the pond waterline is a strip of native grass and other vegetation that will go in and out of the water's edge as water levels rise and fall. These plants serve as a water break and filter before allowing the water into the ponds. All building runoff is drained into the "Healing Pond" immediately behind the hospital. This pond also serves as an irrigation reservoir to reduce the consumption of potable water.

The system of ponds is made up of 8 retention ponds that vary in size. All of the retention ponds are interconnected through a system of pipes that allows the water levels to rise and fall together as the weather and seasons change. On the southeast corner of the site a detention area has been built to catch overflow from the retention ponds in the case of a flash flood. The detention pond also serves as a settling area for sediment that is suspended in the water to prevent downstream contamination.

Slopes and banks along all water bodies are grassy with the majority of them being planted with tall native grass. The grass helps to not only to filter the water but will hold pond and creek banks intact, preventing erosion. Additionally, the native/naturalized areas slow water runoff and prevent much of the stormwater runoff from entering a storm drain. When runoff does enter drains, it will then be directed into one of the onsite retention ponds.

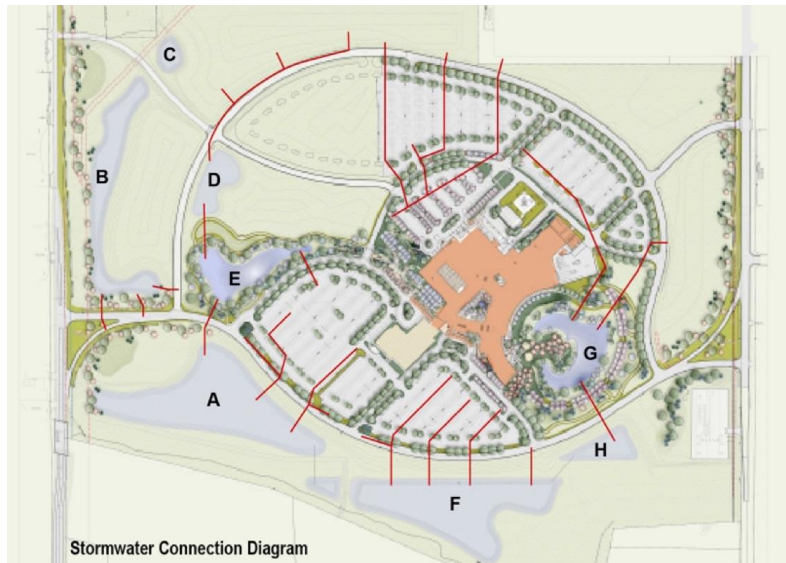


Diagram 2: Owensboro Health Regional Hospital Stormwater Connection Diagram (HGA Architects and Engineers)

- **Manages 83% of stormwater onsite annually, or 177,016,500 gallons, equivalent to 268 Olympic-sized swimming pools.**

Reduces the site runoff by approximately 33% for a 50-year storm event as compared to a conventional scenario. Reduces annual runoff by 25.59 inches, reduces days per year with runoff by 54 days, and retains 75 more wet days as compared to a conventional scenario. The various LIDs onsite also reduce annual stormwater runoff by 48% as compared to a conventional scenario. The maximum rainfall retained by the current scenario is 3.7 inches more than a conventional scenario.

**Method:**

Using EPA's National Stormwater Calculator (1.2.0.0 Beta MSI version), two site development scenarios are estimated. The current scenario is based on the current site design with LID practices, including retention ponds, a rain garden, street planters and infiltration islands on the parking lot, courtyards and gardens, and a green roof. The conventional scenario is a site design with 70% impervious materials and 30% green spaces. Parameters needed for the calculations are listed in the following tables.

Current Scenario - Land Cover

Land Cover		Percentage (%)
Building		3
Vehicle Use		20
Other Paving		10
<b>Total Impervious Areas</b>		<b>33</b>
Wetland/Infiltration Basin		10
Other landscaped Area	Street Planter	2.9
	Green Roof	0.1
	Rain Garden	1.4
	Meadow	36
	Lawn	16.6
<b>Total Pervious Areas</b>		<b>67</b>
<b>Site Total</b>		<b>100</b>

As for the parameters for the calculator:

Land Cover	Percentage (%)
Meadow	10
Lawn	57
Desert	0
Impervious	33

Current Scenario - LID Controls

LID Practice	What % of your site's impervious area will be treated by the following LID practices? (%)	Capture Ratio of the LID Practice (%)
1. Rain Garden	12	35
1. Green Roof	5	N/A
2. Street Planters	12	72.5
3. Retention Ponds	71	14

1. Around 50% of the building areas will be treated by the green roofs. Therefore,  $0.5 \times 3/33 = 5\%$  of the site will be treated by the green roofs.

2. Around 20% of the vehicle use areas will be treated by the rain garden. Therefore,  $0.2 * 20 / 33 = 12\%$  of the site will be treated by the rain garden. Capture Ratio of the Rain Garden = Area of the LID/Treated Impervious Areas =  $1.4 / (0.2 * 20) = 35\%$

3. Around 20% of the vehicle use areas will be treated by the street planters. Therefore,  $0.2 * 20 / 33 = 12\%$  of the site will be treated by street planters. Capture Ratio of the Street Planter = Area of the LID/Treated Impervious Areas =  $2.9 / (0.2 * 20) = 72.5\%$

4. The retention ponds will treat the rest of the impervious areas:  $100\% - 12\% - 5\% - 12\% = 71\%$ . Capture Ratio of the Retention Ponds = Area of the LID/Treated Impervious Areas =  $10 / 71 = 14\%$ .

The baseline scenario is estimated according to a conventional site development with 70% of the land covered with impervious materials:

Baseline Scenario – Land Cover

Land Cover	Percentage (%)
Total Impervious Areas	70
Total Pervious Areas (Meadow)	30
Site Total	100

Calculation results are illustrated with charts and analyzed as following:

Statistic	Current Scenario	Baseline Scenario
Average Annual Rainfall (inches)	47.88	47.88
Average Annual Runoff (inches)	8.21	31.11
Days per Year With Rainfall	75.96	75.86
Days per Year with Runoff	13.09	59.07
Percent of Wet Days Retained	82.76	22.13
Smallest Rainfall w/ Runoff (inches)	0.37	0.11
Largest Rainfall w/o Runoff (inches)	1.30	0.27
Max. Rainfall Retained (inches)	2.39	0.97

Table 4: Stormwater Performance Comparison between Current and Baseline Scenario

$$\text{Amount of annual rainfall managed on site in gallons} = (\text{Average annual rainfall} - \text{Average annual runoff}) * \text{Area of the site} * \text{Conversions}$$

Therefore,

$$\text{Reduced annual stormwater runoff in gallons} = (47.88 \text{ inches} - 8.21 \text{ inches}) * 0.083 \text{ in/ft} * 165 \text{ acres} * 43,560 \text{ sf/acre} * 7.48 \text{ liquid gallon/cu.ft.} = 177,016,482.3 \text{ gallons}$$

An Olympic-size pool measures 50 meters long and 25 meters wide, and minimum 2 meters deep. Therefore, an Olympic-size pool holds 660,430 gallons of water. Therefore,

$$177,016,482.3 \text{ gallons} / 660,430 \text{ gallons} = 268 \text{ Olympic-size pools}$$

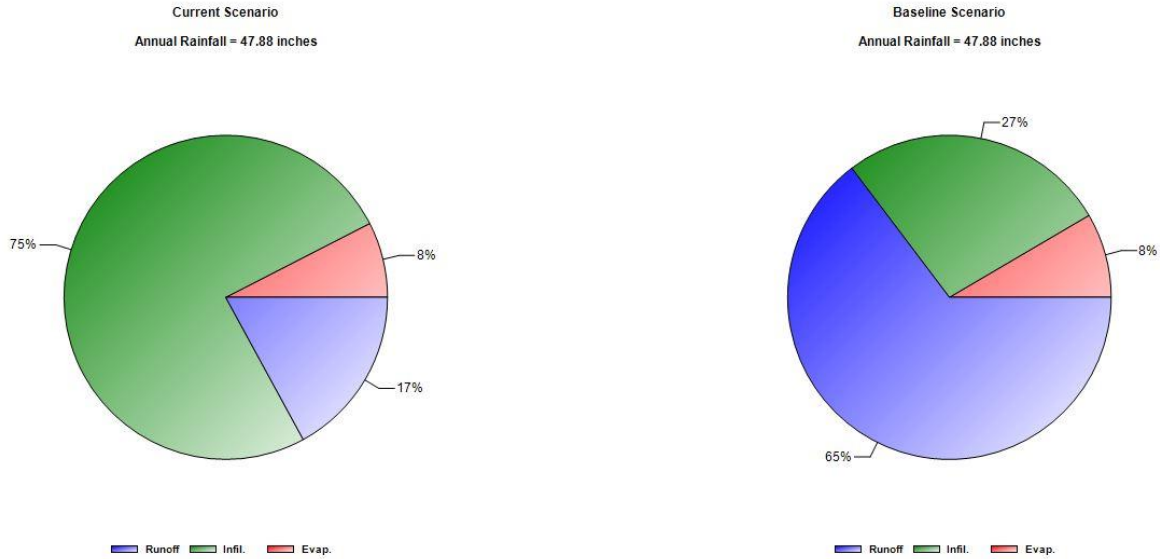


Chart 1: Stormwater Performance Comparison between Current and Baseline Scenario

Managed stormwater runoff annually onsite in the current scenario is: 75% (infiltration) + 8% (evaporation) = 83%

Managed stormwater runoff annually onsite in a conventional scenario is: 27% (infiltration) + 8% (evaporation) = 35%

Reduced stormwater runoff annually compared to a conventional scenario = 83% - 35% = 48%

**Extreme Events:**

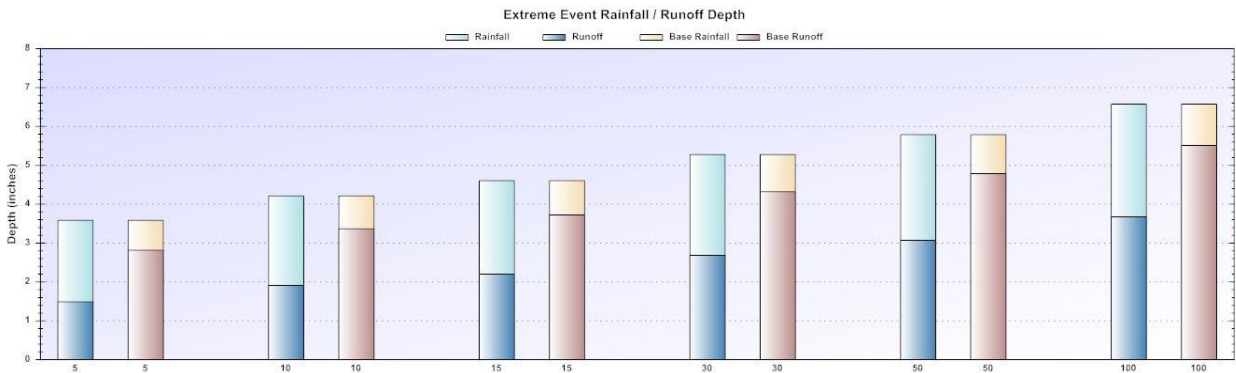


Diagram 3: Extreme Storm Event and the Comparison between Current and the Baseline Scenario

For a 50-year return period, the max daily rainfall depth for both the current scenario and baseline scenario is 5.8 inches. For the current scenario, the stormwater runoff depth is 3.1 inches max per day. For the baseline scenario, the stormwater runoff depth is 4.6 inches max per day. Therefore,

$$(4.6 \text{ inches} - 3.1 \text{ inches}) / 4.6 \text{ inches} = 33\%$$

### **Limitations:**

To conduct calculations using EPA National Stormwater Calculator the proportions of the landcover types on the site are necessary. Because of information limitations, the areas of various landcovers were traced and measured using AutoCAD based on the construction documents provided by the design firm, hence, human errors were inevitable, which presents a limitation to this part of the calculations. Another limitation is that the Land Cover menu at EPA National Stormwater Calculator does not include a section for water areas/ponds, which could not reflect the most precise landcover portions.

- **Provides habitat for 33 bird species and 11 mammal species as observed by natural environment management experts. 25 of these were not observed when the site was an agricultural field.**

### **Methods:**

This information was provided by HGA Architects and Engineers. The newly observed wildlife species are documented as following:



## Selected Bird Species List



## Selected Mammals Species List



Diagram 4: Owensboro Site Wildlife Species

- **Sequesters approximately 35,260 lbs of atmospheric carbon annually in over 35,000 newly-planted trees. The tree canopies also intercept 376,000 gallons of stormwater runoff annually.**

### Methods:

Calculations of stormwater intercepted and atmospheric carbon sequestered in the newly planted tree canopy for major landscape areas were conducted using i-Tree Design v6.01, based on the Plant Materials Schedule provided by HGA Architects and Engineers, as demonstrated in the following tables:



L101 AREA 1 Tree Benefits

Common Name	Botanical Name	DBH (inches)	Quantity of Trees	Intercepted Stormwater Yearly (gallons)	Total Intercepted Stormwater Yearly (gallons)	Reduced Atmospheric Carbon Dioxide Yearly (CO2) (pounds)	Total Reduced CO2 Yearly (pounds)
<b>Large Deciduous Overstory</b>							
Red Maple	<i>Acer rubrum</i>	6	7	958	6706	133	931
Sugar Maple	<i>Acer saccharum</i>	6	5	1193	5965	66	330
Bur Oak	<i>Quercus macrocarpa</i>	6	6	1125	6750	49	294
Red Oak	<i>Quercus rubra</i>	6	5	1125	5625	94	470
Basswood	<i>Tilia americana</i>	6	5	668	3340	57	285
Hackberry	<i>Celtis</i>	6	5	1237	6185	29	145
Honeylocust	<i>Gleditsia triacanthos</i>	6	5	1177	5885	134	670
<b>Medium Deciduous Overstory</b>							
River Birch	<i>Betula nigra</i>	4	7	401	2807	82	574
Linden	<i>Tilia</i>	4	7	346	2422	34	238
Amur Maple	<i>Acer ginnala</i>	4	7	472	3304	62	434
<b>Deciduous Ornamental Shrub</b>							
Flowering Pear	<i>Pyrus</i>	4	67	397	26599	57	3819
Magnolia	<i>Magnolia</i>	4	22	497	10934	60	1320
Kwanzan Cherry	<i>Prunus serrulata</i>	4	18	497	8946	32	576
Crabapple	<i>Malus</i>	4	30	340	10200	57	1710
<b>Coniferous Tree</b>							
Pine	<i>Pinus</i>	4	16	636	10176	16	256
<b>Coniferous Shrubs</b>							
Gold Lace Juniper		4	19	289	5491	15	285
<b>Total</b>					<b>121,335</b>		<b>12,337</b>

Table 1: Owensboro Health Regional Hospital Tree Benefits Calculation I

L102 AREA 2 Tree Benefits

Common Name	Botanical Name	DBH (inches)	Quantity of Trees	Intercepted Stormwater Yearly (gallons)	Total Intercepted Stormwater Yearly (gallons)	Reduced Atmospheric Carbon Dioxide Yearly (CO2) (pounds)	Total Reduced CO2 Yearly (pounds)
<b>Large Deciduous Overstory</b>							
Red Maple	<i>Acer rubrum</i>	6	5	958	11910	133	665
Sugar Maple	<i>Acer saccharum</i>	6	5	1193	5965	66	330
Bur Oak	<i>Quercus macrocarpa</i>	6	3	1125	3375	49	147
Red Oak	<i>Quercus rubra</i>	6	3	1125	3375	94	282
Basswood	<i>Tilia americana</i>	6	5	668	3340	57	285
Hackberry	<i>Celtis</i>	6	5	1237	6185	29	145
Honeylocust	<i>Gleditsia triacanthos</i>	6	6	1177	7062	134	804
<b>Medium Deciduous Overstory</b>							
River Birch	<i>Betula nigra</i>	4	8	401	3208	82	656
Linden	<i>Tilia</i>	4	8	346	2768	34	272
Amur Maple	<i>Acer ginnala</i>	4	6	472	2832	62	372
<b>Small/Medium Deciduous Ornamental</b>							
Cleveland Select Pear	<i>Pyrus calleryana</i>	4	30	397	11910	57	1710
Chanticleer Pear	<i>Pyrus calleryana</i>	4	35	397	13895	57	1995
Donald Wyman Crabapple	<i>Malus</i>	4	20	340	6800	57	1140
Autmn Brilliance Serviceberry	<i>Amelanchier x grandiflora</i>	4	10	497	4970	17	170
Eastern Redbud	<i>Cercis canadensis</i>	4	10	497	4970	0	0
Daybreak Yoshino Cherry	<i>Prunus x yedoensis 'Akebono'</i>	4	10	401	4010	87	870
Royal Raindrops Crabapple	<i>Malus 'JFS-KW5'</i>	4	8	340	2720	57	456
<b>Coniferous Tree</b>							
Pine	<i>Pinus</i>	4	10	636	6360	16	160
<b>Deciduous Ornamental Shrub</b>							
Pussy Willow	<i>Salix Ddiscolor</i>	4	10	346	3460	52	520
Miss Kim Lilac	<i>Syringa patula 'miss kim'</i>	4	15	497	7455	30	450
Summersweet Clethra	<i>Clethra alnifolia</i>	4	15	497	7455	18	270
Sibirica Redtwig Dogwood	<i>Cornus alba 'sibirica'</i>	4	24	497	11928	46	1104
<b>Total</b>					<b>135,953</b>		<b>12,803</b>

Table 2: Owensboro Health Regional Hospital Tree Benefits Calculation II

L103 AREA 3 Tree Benefits

Common Name	Botanical Name	DBH (inches)	Quantity of Trees	Intercepted Stormwater Yearly (gallons)	Total Intercepted Stormwater Yearly (gallons)	Reduced Atmospheric Carbon Dioxide Yearly (CO2) (pounds)	Total Reduced CO2 Yearly (pounds)
<b>Large Deciduous Overstory</b>							
Red Maple	<i>Acer rubrum</i>	6	10	958	9580	133	1330
Sugar Maple	<i>Acer saccharum</i>	6	11	1193	13123	66	726
Bur Oak	<i>Quercus macrocarpa</i>	6	4	1125	4500	49	196
Red Oak	<i>Quercus rubra</i>	6	3	1125	3375	94	282
Basswood	<i>Tilia americana</i>	6	5	668	3340	57	285
Hackberry	<i>Celtis</i>	6	5	1237	6185	29	145
Honeylocust	<i>Gleditsia triacanthos</i>	6	6	1177	7062	134	804
<b>Medium Deciduous Overstory</b>							
River Birch	<i>Betula nigra</i>	4	12	401	4812	82	984
Linden	<i>Tilia</i>	4	15	346	5190	34	510
Amur Maple	<i>Acer ginnala</i>	4	6	472	2832	62	372
<b>Coniferous Tree</b>							
Virginia Pine	<i>Pinus virginiana</i>	4	10	636	6360	38	380
Bald Cypress	<i>Taxodium distichum</i>	4	14	411	5754	41	574
Pyramidal Arborvitae	<i>Thuja occidentalis</i> 'Pyramidalis'	4	7	411	2877	41	287
Shalimar Cedar	<i>Cedrus deodra</i> 'Shalimar'	4	12	411	4932	12	144
Eastern White Pine	<i>Pinus Strobus</i>	4	6	636	3816	36	216
<b>Deciduous Ornamental Shrub</b>							
Pussy Willow	<i>Salix Ddiscolor</i>	4	15	346	5190	52	780
Miss Kim Lilac	<i>Syringa patula</i> 'miss kim'	4	15	497	7455	30	450
Summersweet Clethra	<i>Clethra alnifolia</i>	4	15	497	7455	18	270
Sibirica Redtwig Dogwood	<i>Cornus alba</i> 'sibirica'	4	30	497	14910	46	1380
<b>Total</b>					<b>118,748</b>		<b>10,115</b>

Table 3: Owensboro Health Regional Hospital Tree Benefits Calculation III

Total yearly intercepted stormwater runoff by newly planted tree canopies in the above three areas are:

$$121,335 \text{ gallons} + 135,953 \text{ gallons} + 118,748 \text{ gallons} = 376,036 \text{ gallons}$$

Total yearly reduced CO2 by newly planted trees in the above three areas is:

$$12,337 \text{ lbs} + 12,803 \text{ lbs} + 10,115 \text{ lbs} = 35,255 \text{ lbs}$$

- Reduces atmospheric carbon by 9,060 lbs annually due to sequestration and avoidance provided by the green roofs.

**Methods:**

Direct Sequestration of Atmospheric CO2:

Formula:

$$\begin{aligned} & \text{total area of practice (SF)} * \\ & \text{average annual amount of CO}_2 \text{ sequestered (lbs C/sf)} \\ & = \text{annual amount of CO}_2 \text{ sequestered (lbs C)} \end{aligned}$$

- The sum of areas of practice for rooftop gardens is 8,700 sf
- The recommended range of grams of CO2 sequestered per square meter from

aboveground biomass, as determined by the averages of the two Michigan State University studies, is 162 g C/m<sup>2</sup> to 168 g C/m<sup>2</sup> (Getter et al. 2009).

Converting to lbs C/sf from metric units, the range can be defined: 0.0332 lbs C/sf to 0.0344 lbs C/sf

Lower bound: 0.0332 lbs C/SF \* 8,700 sf = 288.84 lbs of CO<sub>2</sub> per year

Upper bound: 0.0344 lbs C/SF \* 8,700 sf = 299.28 lbs of CO<sub>2</sub> per year

The 8,700-sf extensive green roof sequester between about 288.84 and 299.28 lbs of CO<sub>2</sub> annually, or an average of 294.06 lbs of CO<sub>2</sub> per year

Total Annual Indirect Benefit

Benefit from kWh of Electricity Saved

Formula:

$$\begin{aligned} & \text{total annual electricity saved (kWh)} * \text{lbs CO}_2 / \text{kWh} \\ & = \text{lbs annual avoided CO}_2 \text{ emission from practice's electricity savings} \end{aligned}$$

- Reduced energy from reduced water treatment

The table below shows how much energy (kWh) is consumed per millions of gallons of water treated by 6 different treatment plant sizes using four different types of treatment methods:

Treatment Plant Size million gallons/day	Unit Electricity Consumption   kWh/million gallons			
	Trickling Filter	Activated Sludge	Advanced Wastewater Treatment	Advanced Wastewater Treatment Nitrification
1 MM gal/day	1,811	2,236	2,596	2,951
5 MM gal/day	978	1,369	1,573	1,926
10 MM gal/day	852	1,203	1,408	1,791
20 MM gal/day	750	1,114	1,303	1,676
50 MM gal/day	687	1,051	1,216	1,588
100 MM gal/day	673	1,028	1,188	1,558

Table 5: Unit Electricity Energy Consumption per kWh/ million gallons (EPRI 2002)

As calculated in the previous sections, 185,513 gallons of runoff is reduced annually = 0.1855 million gal saved. Because of a lack of information, to achieve a conservative estimation, the 100 MM gal/day treatment plant size for advanced wastewater treatment nitrification was adopted in this calculation. Therefore,

$$0.1855 \text{ million gal} * 1,558 \text{ kWh/million gal} = 289.01 \text{ kWh}$$

Thus, the 8,700-sf green roof contributes to an annual electricity savings from reduced water treatment needs of 289.01 kWh.

- Annual building electricity savings is 5381.1 kWh, as calculated by Green Roof Energy Calculator (see Cost Comparison section for details).

Total electricity savings from a 8,700 SF green roof = 5381.1 kWh in building electricity savings + 289.01 kWh in water treatment electricity savings = 5,670.11 kWh annually

Using the U.S. average of 1.33 lbs CO<sub>2</sub>/kWh, the reduced electricity savings would provide the following indirect climate benefit:

5,670.11 kWh \* 1.33 lbs CO<sub>2</sub>/kWh = 7,541.25 lbs avoided CO<sub>2</sub> emissions from reduced electricity annually

#### Benefit from Btu of Natural Gas Saved

Formula:

$$\begin{aligned} & \text{total heating natural gas saved (Million Btu) *} \\ & \text{lbs CO}_2 \text{ /Million Btu} \\ & = \text{lbs of avoided CO}_2 \text{ emissions annually from heating natural gas savings} \end{aligned}$$

Note that the previous equation relies on the CO<sub>2</sub> emissions factor of 116.89 lbs CO<sub>2</sub>/Million Btu of natural gas (i.e. the number of lbs of CO<sub>2</sub> released per million Btu) (US EPA 2009).

- Reduced gas use of the rooftop garden is 37.5 Therms as calculated by Green Roof Energy Calculator, therefore 3,749,105 Btu per 8,700 sf area, which equals 3.749105 million Btu

Using the CO<sub>2</sub> emissions factor above of 116.89 lbs CO<sub>2</sub>/Million Btu, the reduced natural gas savings would provide the following indirect climate benefit:

3.749105 Million Btu \* 116.89 lbs CO<sub>2</sub>/Million Btu = 438.23 lbs avoided CO<sub>2</sub> emissions from reduced natural gas annually

#### Total Benefit from Electricity and Heating Natural Savings

Formula:

$$\begin{aligned} & \text{lbs avoided CO}_2 \text{ emissions from electricity savings} \\ & + \text{lbs avoided CO}_2 \text{ emissions from heating natural gas savings} \\ & = \text{total lbs avoided CO}_2 \text{ emissions from electricity and heating natural gas savings annually} \end{aligned}$$

Therefore,

7,541.25 lbs CO<sub>2</sub> + 438.23 lbs CO<sub>2</sub> = 7,979.48 lbs avoided CO<sub>2</sub> emissions from reduced building cooling and heating and reduced water treatment energy use annually

#### Annual Direct Carbon Sequestration Benefit in CO<sub>2</sub> Equivalent

As previously calculated the green roof sequestered between 288.84 and 299.28 lbs of CO<sub>2</sub> annually. An average of 294.06 lbs of CO<sub>2</sub> is used in the following calculation.

To convert lbs of CO<sub>2</sub> sequestered into lbs of CO<sub>2</sub> equivalent, a formula will be used:

$$\begin{aligned} & \text{total lbs CO}_2 \text{ sequestered (lbs C)} * 3.67 \text{ lbs CO}_2/\text{lb C} \\ & = \text{total annual equivalent sequestration benefit (lbs CO}_2\text{)} \end{aligned}$$

Therefore,

$$294.06 \text{ lbs} * 3.67 \text{ lbs CO}_2/\text{lb C} = 1,079.20 \text{ lbs CO}_2 \text{ in total annual sequestration benefit}$$

### Total annual climate benefit (Direct + Indirect)

This green roof had the indirect benefit of avoiding 7,979.48 lbs of CO<sub>2</sub> emissions from reduced energy use.

To obtain total annual climate benefit, formula will be used:

$$\begin{aligned} & \text{Sum of total equivalent sequestration benefit (lbs CO}_2\text{)} + \\ & \text{total avoided CO}_2 \text{ emissions (lbs CO}_2\text{)} \\ & = \text{total annual climate benefit (lbs CO}_2\text{)} \end{aligned}$$

Therefore,

$$1,079.20 \text{ lbs CO}_2 + 7,979.48 \text{ lbs CO}_2 = 9,058.68 \text{ lbs CO}_2 \text{ in total annual climate benefits}$$

### Limitations:

Climate benefits were estimated in a conservative manner because of insufficient information and a lack of up-to-date parameters for above calculations.

## Social Benefits

- **Increases visual engagement with nature and wildlife from patient room windows in an estimated 90% of the patient population as reported by interviewed nurses.**
- **Increases staff satisfaction and sense of pride about their job and work environment in 100% of interviewed staff members, who described the campus environment as “peaceful” and “beautiful”.**

Additional Social Benefits:

- Provides opportunities for staff to take a break in a garden, which could help reduce their work-related stress and improve their mood status, as reported by focus group participants.
- Provides rehabilitation opportunities for patients as described by interviewed nurses, as well as exercise opportunities for visitors, hospital employees, and local community residents through the wellness trail system and exercise equipment on campus as reported by the majority of the focus group participants.

- Facilitates social cohesion for local communities through wellness programs and design features on campus, as agreed upon by all interviewed participants.

**Methods:**

Two focus group interviews were conducted onsite to study the participants’ usage, opinions and attitudes about the design of the landscapes. The focus group discussion was structured following a list of predetermined questions, as attached in the Appendix. In total 11 participants attended two focus group studies. The demographic information of participants are demonstrated in Table 10. Social benefits results of the Owensboro Hospital gardens were obtained through thematic analysis of: 1) narrative data collected through two hospital staff focus group interviews and 2) notes collected by behavioral mapping analysis of three most used hospital gardens.

Age Group	Number
18-29 years old	1
30-49 years old	1
50-64 years old	6
Above 65 years old	3

Age Group	Number
Female	7
Male	4

Professional Background	Number
Nurse	1
Physical Therapist	1
Courier	1
Hospital Volunteer	2
Administrator/Manager	1
Social Worker	1
Human Resource	1
Ground Keeper	2
Mechanical Maintenance	1

Table 10: Demographic information of focus group participants at Owensboro Health Regional Hospital

Through content analysis of the focus group transcript, a total of 399 codes were identified that fall into 4 types of topics, including (1) general descriptive topics, (2) overall usage preference and attitude, (3) user behaviors and activities, and (4) domains of garden restorativeness and design features. Each topic covers several sub-topics. Details and frequencies of discussion are listed in Table 11 and Diagram 5.

Topic Type	Sub-Topic	Number of Codes	Frequency of Discussion	Frequency of Discussion Sum
General Descriptive	Site and Location	39	10%	10%
	Users	48	12%	12%
Overall Usage Preference and Attitude	Positive Perception/Attitude	36	9%	16%
	Negative Perception/Attitude	26	7%	



User Behaviors and Activities	Existing Behaviors/Activities	22	6%	9%
	Desired Behaviors/Activities	12	3%	
Domains of Garden Restorativeness and Design Features	Access and Visibility	31	8%	53%
	Nature Engagement	93	23%	
	Path and Paving	13	3%	
	Places to Rest	12	3%	
	Sense of "Being Away"	8	2%	
	Aesthetics and Maintenance	49	12%	
	Other Desired Features	8	2%	
	Sustainable Design	2	0%	

Table 11: Focus Group Transcript Content Analysis: Frequency Analysis

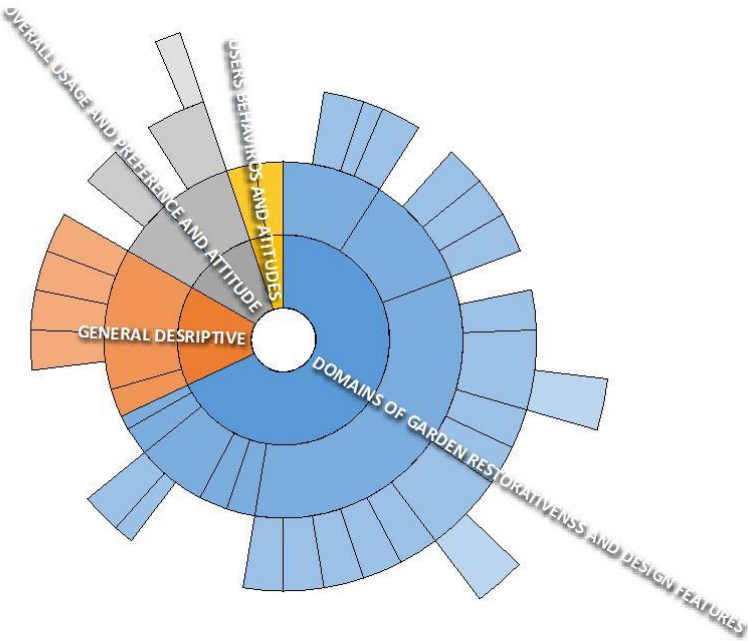


Diagram 5: Focus Group Transcript Content Analysis: Data Visualization

Visual and Experiential Quality

The most prevailing topic was the extraordinary visual and experiential quality of the overall landscape design on campus by various users. The landscape environments increase staff job satisfaction, and all interviewed participants expressed a sense of pride working in this facility because of all the appraisals they frequently receive from patients, families and visitors:

“I hear so many compliments about how pretty this facility is, how lucky we are and how beautiful the grounds are. So you know, for me it is the sense of pride working in it. I think that helps you to be a better employee.”

Participants described that having opportunities to temporarily get away and take a break in a garden space could help reduce their work-related stress and improve their mood status:

“It is the space to get away, peaceful, it is calming you know, it is beautiful.. I think that helps definitely to recharge and go back to the situation where you were. And hopefully if you deal with patients, your situation is much easier, after you have that experience.”

Approximately 90% of the patients enjoy looking at nature from windows in patient rooms as reported by the focus group. Patients enjoy the extraordinary views, watching the wildlife from their rooms and from the outside seating areas. The feeling of comfort and peace for the patients is often provided by engagement in those activities, by watching and enjoying outdoor scenery:

“It is just, you know, they feel private in this hospital, and sense of peace when they go outside and look out the windows. Sense of comfort for our patients. And I would say probably at least 90% of them have had comments about what they see from their window. Some of the patients ask to sit by the window so they can watch this whole drama playing out with the geese, and the ducks and the babies.”

### *Native Plants and Wildlife*

Another significant discussion topic is the great variety of flora and fauna and wildlife species that thrive on this site. Owensboro Hospital landscape was designed to create around 85 acres of prairie and grassland habitat. Themes of the variety of animal species on the site are mentioned in total 25 times through interviews, with 9% transcript coverage of focus group 1 and 14% coverage of focus group 2. The conversations focused on bird-watching and geese that nest on campus (specifically around the pedestrian bridge at the Dry River Garden) during the reproductive season.

Regarding sustainability and low maintenance design topics, we identified wildly varying attitudes about the appearances of native plant palettes on site. Some participants highly praised the native grassland and wildflowers, and the overall sense of “escaping” and peace those plant materials created on site.

However, there also exists a portion of the local population that prefers “the golf course” appearance, and these attitudes resulted in different maintenance strategies against the initial design intents at certain areas. The majority of the focus group participants stressed that the public needs education about sustainable design.

“I am not sure everybody understands our grassland exterior. So lots of times they think that they are just letting the grass become overgrown. And that is not the situation. So I would know is there a way to, you know, like to put up the sign... I know you cannot just put all the details or something for somebody who drives by. But I hear that comment: Why are they letting the grass

grow? That is not, it's not what is happened, because it is grassland area and you do not want anything to be there...”

Wellness Programs and Design Features

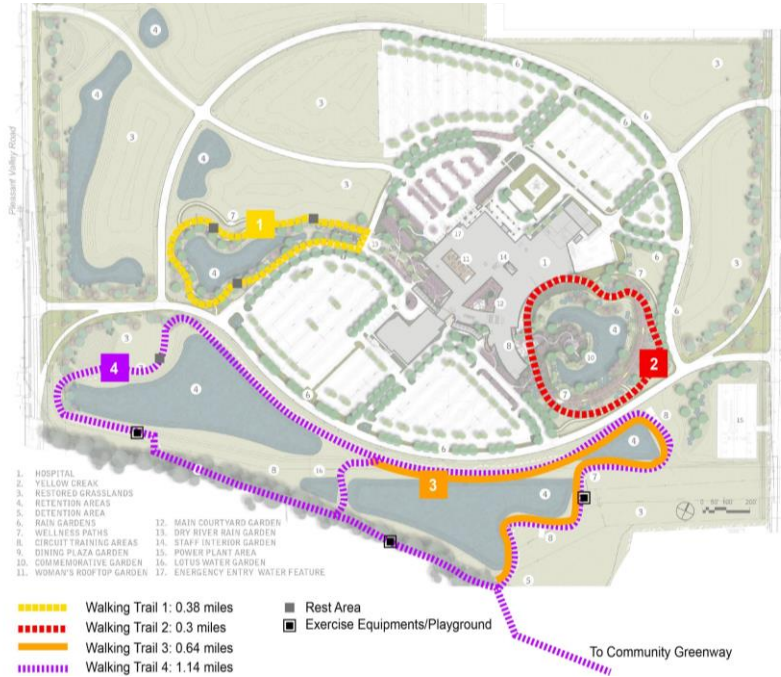


Diagram 6: Wellness Walking Trail System at Owensboro Health Regional Hospital

Based on the content analysis and frequency analysis of discussion topics, the hospital staff uses various gardens and walking trails the most, mentioned 20 total times during the focus group discussions. The 1.82-mile trail system is an essential wellness program onsite that promotes green exercises among staff members and local community residents, as shown on Diagram 6. Site observations and behavior mapping reflected similar results. Staff members usually use their break time to stretch their legs, walking up and down the small trails (Walking Trail 1 in Dry River Garden) which is the closest to the hospital, considering the limited break time. The ground maintenance employees confirmed this based on their everyday observations:

“I think it is a good thing, you can see lots of staff outside. As soon as the weather is good everybody is outside. They all want to be there.”

“I see a lot the same staff members who walk on the farthest part of large walking trail, they sit on those benches by themselves, they would take their lunch break out, just quiet, and they walk back in. It is almost every day when the weather is good.”

Many staff members found that having places not only to look at from interiors, and to sit and rest outside, but also areas that they can use to improve their wellness is the most beneficial part of the campus design:

“The wellness element that is not only for visitors, for patients that they can get out, but for employees too. I just love that peace of it, there is like pieces of exercise equipment, there are on some of the trails, and that to me is such a gift for employees. When I come up for meetings, I have been recharged.”

In contrast to other hospitals observed in this study, the medical team at Owensboro uses different areas of the grounds for patients’ rehabilitation activities whenever the weather allows, and nursing staff is always open to new suggestions on how to improve and accelerate recovery process for patients by using the exterior areas. The hospital landscape provides many areas for walking with different types of physical challenges: ramps, stairs, concrete, gravel, etc. Care providers believe that the patients need “real” outside conditions in order to recuperate after the operation or injury. Furthermore, for disabled patients, exterior of the hospital represents a “safe environment,” a neutral zone where they can work with their therapist and prepare for the life outside the hospital:

“And once they cannot walk you are in the sense of pressure, you have community sidewalk, and if they are going to be in wheelchair they are going to have to use that. So that is an opportunity to practice in a safe environment with a therapist. It gives them an opportunity to gain confidence even the fact that they count on another people who are not patients, I think is good, because they... many times people, when they have a stroke, for some reason they feel embarrassed.”

The community members are also using the trails for different types of activities on an everyday basis: walking, biking, running, walking with babies, and so on. The hospital provides convenient and free parking spaces to the local community, and the campus will be strategically linked to the local green belt project as part of a larger greenway system. The “big trails” (Walking Trails 3 and 4) are equipped with exercise and seating equipment. As interview participants commented, those trails would be better used by hospital residents if properly signed, for more people to know of their existence. The hospital also organizes multiple community activities on their grounds, such as 5k runs, wellness days, Easter Egg Hunt, farmers’ market, rehab picnics, and so on. All interviewed participants stated that the wellness programs and design features on campus facilitate social binding for local communities.

“I am on the ground out there, so I see things... I see lots of people using the trail, on a schedule. So there are lots of people that are living close here that come with the vehicle and park on the parking lot and they would come here every day and ride the bikes, walk the dogs, let the kids play in the playground.”

Overall, 100% of interviewed participants expressed positive attitudes about the campus landscape design, one quote expressed:

“I would say the area that you look at it right there is my favorite spot with a wild grass and wild flowers and the ducks and the geese and lakes and... Just coming in... You know, everybody that comes in this hospital, with that view, especially the people who are not from this area, they are coming in from (some) county, southern Indiana, talk about how beautiful landscape here is and

how beautiful the hospital is. That is the thing that I hear more than anything: this is a really beautiful campus.”

Location Matters

For all garden areas on campus, the majority of participants agree that they are aesthetically pleasurable places. However, beyond being used for viewing purposes, those gardens are not much used physically except for having lunch, which is a short period of time (about 2-3 hours around noon) during the day. Behavioral mapping that we conducted confirms that. There are complicated reasons behind this, such as safety and administrative regulations for patients and short break times for staff to travel long distances to the exterior. We found that the location of the garden matters the overall usage (see Diagram 7-9). Among the four garden spaces studied at Owensboro Health Regional Hospital, the dining garden is the mostly used for comparatively longer period (e.g., for a lunch outside) by staff and visitors. The Dry River Garden is frequently used by patients or visitors who arrive and depart the facility and wait there for being picked up for a short period of time. The central courtyard is only used occasionally by a small group of people for a meal because it’s a fairly small space and can easily get crowded. One participant in the focus group described a “fishbowl” feeling when she sat in the garden and felt like being stared by people inside the building. The rooftop garden is only used for providing views and natural light to patient rooms but has no physical access because of safety considerations.

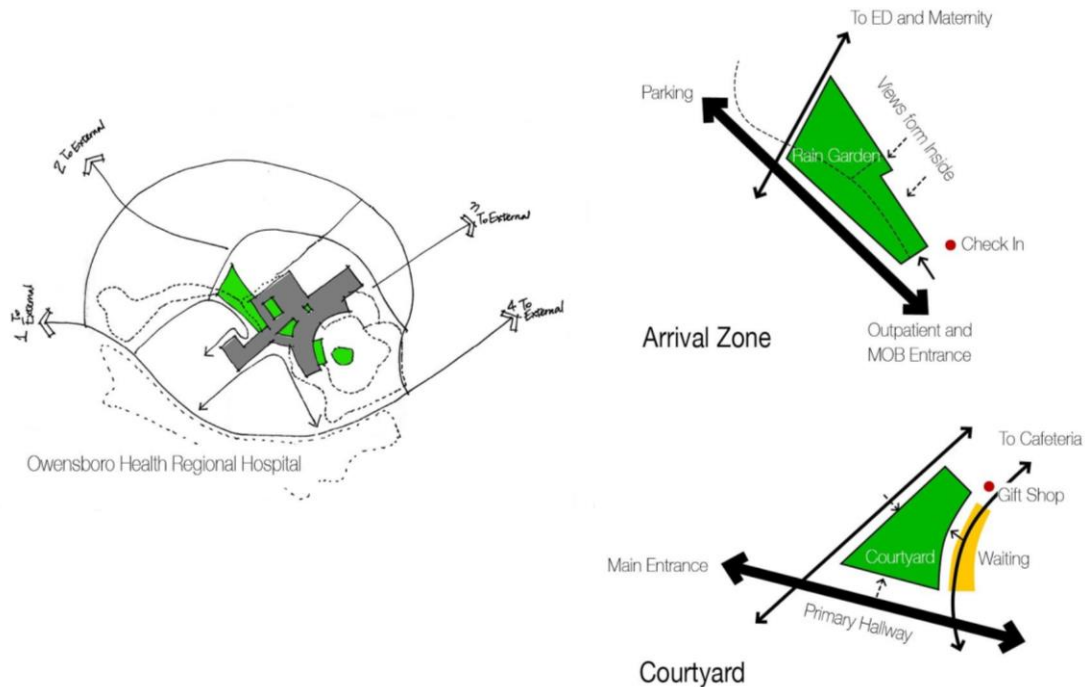


Diagram 7: Owensboro Health Regional Hospital Garden Location Analysis I

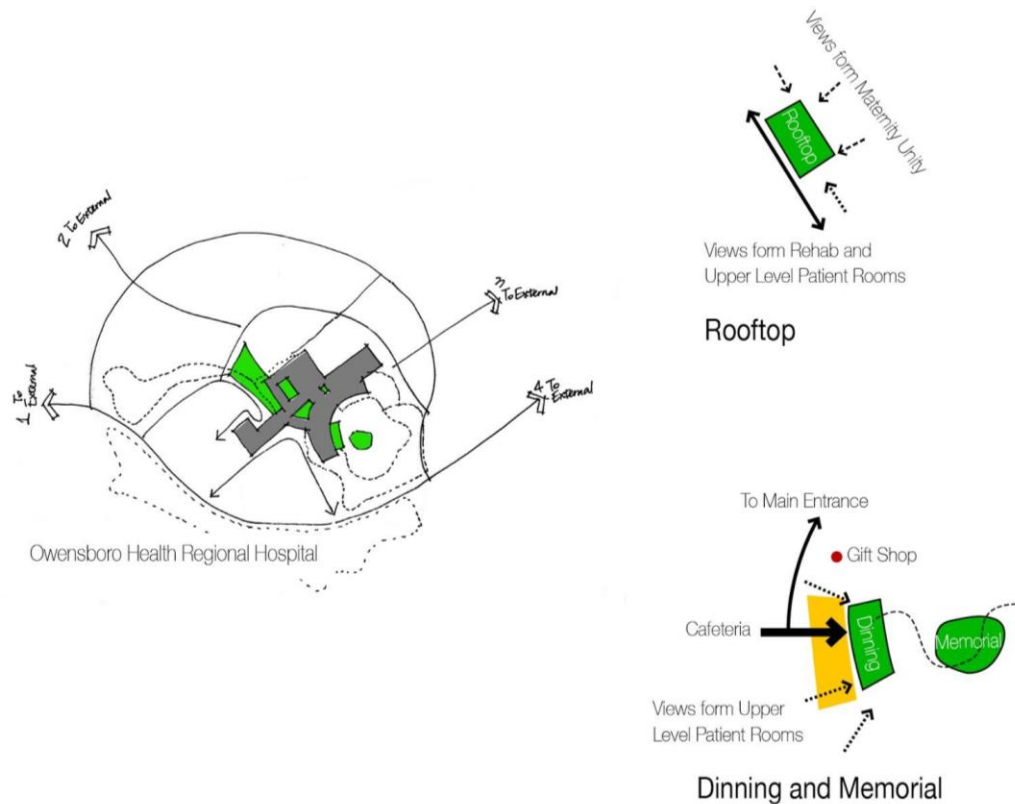


Diagram 8: Owensboro Health Regional Hospital Garden Location Analysis II

- Provides a significant level of restorativeness for hospital patients and staff, achieving a GATE rating of 7.3 for the Dining Plaza and Commemorative Garden, 8.3 for the Main Courtyard, and 7.3 for the Dry River Rain Garden, based on a 1-10 scale.
- Encourages users' engagement with nature, achieving a GATE rating of 9.5 for the Dining Plaza and Commemorative Garden, 9.3 for the Main Courtyard, and 9.0 for the Dry River Garden, based on a 1-10 scale.
- Creates a sense of “being away” in the main garden spaces, achieving a GATE score of 8.5 for the Dining Plaza and Commemorative Garden, and 8.5 for the Main Courtyard, based on a 1-10 scale.

**Methods:**

Three landscape areas were evaluated using the Garden Assessment Tool for Evaluators (GATE) (Sachs, Cooper Marcus & Barnes, 2016), including (1) Dining Plaza and Commemorative Garden, (2) Main Courtyard, and (3) Dry River Garden. There are five domains that measures the level of restorativeness of



the given space, including (1) Access and Visibility, (2) Sense of “Being Away”, (3) Nature Engagement, (4) Walking and Activities, and (5) Places to Rest.

Two evaluators conducted evaluations on-site using an individual scale for each of the mentioned gardens. Mean scores for each domain were calculated. Background information for the evaluation activities, as well as evaluators, is shown in Table 6. Within each domain there are sub-domains that cover multiple design variables. Scoring details of the sub-domains are demonstrated in the following tables. The overall restorativeness score for each of the areas was calculated, as indicated by the “Actual GATE Score”.

<b>Name of Facility and Location</b>	<b>Type of Facility or Patients Served</b>		<b>Evaluated Gardens in the Facility</b>	<b>Evaluation Date</b>	<b>Weather</b>
Owensboro Health Regional Hospital, Owensboro KY	General Acute Care		(1) Dining Plaza and Commemorative Garden (2) Main Courtyard (3) Dry River Garden	06/22/2017	Cloudy to Light Rain
<b>Name of Garden</b>	<b>Location and Type of Garden</b>	<b>Evaluator</b>	<b>Role of Evaluator</b>	<b>Evaluation Time</b>	<b>Temperature (F)</b>
(1) Dining Plaza and Commemorative Garden	By Cafeteria	A	Researcher	4:50 PM	73
		B	Architect and PhD Student	4:10 PM	73
(2) Main Courtyard	Courtyard near MOB Entrance	A	Researcher	8:45 AM	77
		B	Architect and PhD Student	4:40 PM	73
(3) Dry River Garden	MOB Front Entrance	A	Researcher	4:27 PM	73
		B	Architect and PhD Student	5:15 PM	73

Table 6: Site Background and Evaluator Information

Complete evaluation scores using Garden Assessment Tool for Evaluators (GATE) toolkit for all garden areas are listed as below.

## Garden Assessment Tool for Evaluators (GATE) Results

Owensboro Health Regional Hospital, Owensboro, KY – Dining Plaza and Commemorative Garden

Total Max: 344 Total Actual: 250.5 Percentile: 73%

Intuitive Restorateness Score: 9

Actual GATE score (converted to a 1-10 scale): 7.3

Domain 1		Max Total	Mean Score	Percentile	Sum	Percentile
Access & Visibility	Visual Access to the Garden	36	26.5	74%	51.5	72%
	Physical Access to the Garden	36	25	69%		

Domain 2		Max Total	Mean Score	Percentile	Sum	Percentile
Sense of “Being Away”	Sense of “Being Away”	20	16.5	82.5%	41	69%
	Aesthetics & Maintenance	28	24.5	87.5%		

Domain 3		Max Total	Mean Score	Percentile	Sum	Percentile
Nature Engagement	Plantings	40	37	92.5%	64.5	95%
	Other Natural Features (e.g., water features)	28	27.5	98%		

Domain 4		Max Total	Mean Score	Percentile	Sum	Percentile
Walking & Activities	Primary Walkway (Path or Paved Thoroughfare)	24	19	79%	65	86%
	All Paved Areas	16	15.5	97%		
	Lighting, Wayfinding, & Amenities	20	17	85%		
	Variety & Activities	16	13.5	84%		

Domain 5		Max Total	Mean Score	Percentile	Sum	Percentile
Places to Rest	Seating Availability & Type	20	19.5	97.5%	76.5	96%
	Private or Social	20	20	100%		
	Aesthetics & Sun	20	17	85%		
	Tables	20	20	100%		

Table 7: GATE Score of Dining Plaza and Commemorative Garden

## Garden Assessment Tool for Evaluators (GATE) Results

Owensboro Health Regional Hospital, Owensboro, KY – Main Courtyard  
 Total Max: 344 Total Actual: 284 Percentile: 83%  
 Intuitive Restorativeness Score: 9.5  
 Actual GATE score (converted to a 1-10 scale): 8.3

Domain 1		Max Total	Mean Score	Percentile	Sum	Percentile
Access & Visibility	Visual Access to the Garden	36	26.5	74%	48	67%
	Physical Access to the Garden	36	21.5	60%		

Domain 2		Max Total	Mean Score	Percentile	Sum	Percentile
Sense of "Being Away"	Sense of "Being Away"	20	13	65%	41	85%
	Aesthetics & Maintenance	28	28	100%		

Domain 3		Max Total	Mean Score	Percentile	Sum	Percentile
Nature Engagement	Plantings	40	37	92.5%	63.5	93%
	Other Natural Features (e.g., water features)	28	26.5	95%		

Domain 4		Max Total	Mean Score	Percentile	Sum	Percentile
Walking & Activities	Primary Walkway (Path or Paved Thoroughfare)	24	19	79%	57.5	76%
	All Paved Areas	16	14.5	91%		
	Lighting, Wayfinding, & Amenities	20	15.5	77.5%		
	Variety & Activities	16	8.5	53%		

Domain 5		Max Total	Mean Score	Percentile	Sum	Percentile
Places to Rest	Seating Availability & Type	20	18.5	92.5%	74	92.5%
	Private or Social	20	17	85%		
	Aesthetics & Sun	20	18.5	92.5%		
	Tables	20	20	100%		

Table 8: GATE Score of Main Courtyard

## Garden Assessment Tool for Evaluators (GATE) Results

Owensboro Health Regional Hospital, Owensboro, KY – MOB Entry Rain Garden  
 Total Max: 344 Total Actual: 250.5 Percentile: 73%  
 Intuitive Restorativeness Score: 8.5  
**Actual GATE score (converted to a 1-10 scale): 7.3**

Domain 1		Max Total	Mean Score	Percentile	Sum	Percentile
Access & Visibility	Visual Access to the Garden	36	26.5	74%	57.5	80%
	Physical Access to the Garden	36	31	86%		

Domain 2		Max Total	Mean Score	Percentile	Sum	Percentile
Sense of "Being Away"	Sense of "Being Away"	20	12	60%	33	48%
	Aesthetics & Maintenance	28	21	75%		

Domain 3		Max Total	Mean Score	Percentile	Sum	Percentile
Nature Engagement	Plantings	40	36	90%	61.5	90%
	Other Natural Features (e.g., water features)	28	25.5	91%		

Domain 4		Max Total	Mean Score	Percentile	Sum	Percentile
Walking & Activities	Primary Walkway (Path or Paved Thoroughfare)	24	16	67%	58.5	77%
	All Paved Areas	16	14	87.5%		
	Lighting, Wayfinding, & Amenities	20	16.5	82.5%		
	Variety & Activities	16	12	75%		

Domain 5		Max Total	Mean Score	Percentile	Sum	Percentile
Places to Rest	Seating Availability & Type	20	9	45%	40	50%
	Private or Social	20	14.5	72.5%		
	Aesthetics & Sun	20	15.5	77.5%		
	Tables	20	1	5%		

Table 9: GATE Score of Dry River Garden

## Economic Benefits

- Created 10 full-time jobs directly associated with the maintenance of the hospital's exterior, landscape, and grounds. Approximately 1,000 jobs were associated with the whole project construction, 38 of which were directly associated with landscape construction.

### Methods:

The 10 full-time jobs have been verified by Owensboro Health Regional Hospital administrators.

For the whole project construction jobs, the Regional Industrial Multiplier System II (RIMS II) economic input-output model was used. RIMS II was developed by the Bureau of Economic Analysis (BEA) to estimate the number of jobs associated with the project construction and more specifically, the site and landscape construction.

Construction is a final good, so final demand for the site construction equals the actual construction cost for this portion. The Employment Multiplier is the number of jobs created per million dollars of real final demand, using Kentucky as the final demand region, the multiplier is 10.5 (BEA RIMS II multiplier). Multipliers are based on the 2007 Benchmark Input-Output Table for the Nation and 2015 regional data.

Construction cost for landscape installation of Owensboro Health Regional Hospital was 1.85 million (in 2013 dollars). As reported by Bureau of Labor Statistics, the Consumer Price Indexes for 2007 is 2.8 and for 2013 is 1.45 (Bureau of Labor Statistics Data).

Equation:

$$\text{Total employment} = \text{construction cost as final demand} \div 1,000,000 \times \text{CPI}_{2007}/\text{CPI}_{2013} \times \text{employment multiplier}$$

Therefore,

$$\text{Total number of jobs associated with the landscape construction} = 1.85 * 2.8/1.45 * 10.5 = 37.5$$

The total jobs created by the whole project construction were estimated by HGA Architects & Engineers.

### Limitations:

Using the bill-of-goods method is the best approach for estimating impacts because RIMS II multipliers for the construction industry are based on national averages across a wide variety of construction projects. Type I multipliers were employed in the calculation for a conservative estimation because of a lack of detailed information. The estimation is for both the building and the site construction. Knowing the cost for the site and landscape construction would allow a more exact estimation.

## Cost Comparison

- Irrigation for the sustainable planting palette costs about \$34,200 annually, which is about 2/3 less expensive than a conventional design which would cost \$102,600.

According to the EPA, hospitals are typically one of the most significant water consumers in their communities. Owensboro hospital site has been designed in a way that promotes water conservation through xeriscaping and appropriate irrigation management strategies. In this project, approximately 85 acres of the site is covered with grass materials where 2/3 of the turf areas have been planted with drought-tolerant species that require limited or no irrigation (see Diagram 10). Areas close to the building and interior gardens are maintained areas. The healing pond serves as a reservoir and the retained stormwater is saved to irrigate exterior landscapes if required. Drip-line irrigation has been installed in around the building and for interior irrigation. For safety consideration, potable water is used for all interior garden irrigation due to possible patient exposure to these features.



Diagram 10: Owensboro Health Regional Hospital Landscape Maintenance Map

Without the above strategies, the whole site could have been designed in a conventional way that ornamental grass species are planted, such as tall fescue, *Festuca arundinacea*, which is the turfgrass currently planted along all roadsides and in high visibility areas near and around the hospital building. Then, irrigation water demands are compared between the conventional strategy and the sustainable design using the SLIDE (Simplified Landscape Irrigation Demand Estimation) equation as following:

$$\text{Irrigation Demand in Gallons} = ET_o * PF * LA * 0.623$$



where,

- *ET<sub>o</sub>* is inches of historical average or real-time reference evapotranspiration data in inches for the period of interest.
- *PF* is the Plant Factor.
- *LA* is the landscape area, in square feet.
- 0.623 is the factor to convert inches of water to gallons; omit this factor if the estimated water demand is desired in inches.

In Louisville KY area, the estimated yearly total evapotranspiration values according to weather data is 30 inches. Plant factor for tall fescue is 0.8. Then, annual irrigation water demand if the site were designed conventionally is:

$$30 \text{ inches} * 0.8 * (85 * 43560 \text{ sf}) * 0.623 = 55,361,275 \text{ gallons}$$

And, annual irrigation water demand using the site's sustainable design strategy is:

$$55,361,275 \text{ gallons} * 1/3 = 18,453,758 \text{ gallons}$$

According to Owensboro Municipal Utilities, the potable water fee for the site is about \$1.39 per 100 cubic feet. The annual cost of irrigation water for conventional design is:

$$\begin{aligned} 55,361,275 \text{ gallons} / 7.5 \text{ gallons/cu. ft} &= 7,381,503 \text{ cu. ft} \\ 7,381,503 \text{ cu. ft} / 100 * \$1.39/\text{cu. ft} &= \$102,602.89 \end{aligned}$$

The annual cost of irrigation water for sustainable design is:

$$\begin{aligned} 18,453,758 \text{ gallons} / 7.5 \text{ gallons/cu. ft} &= 2,460,501 \text{ cu. ft} \\ 2,460,501 \text{ cu. ft} / 100 * \$1.39/\text{cu. ft} &= \$34,200.96 \end{aligned}$$

- **The site's green roof saves \$430.91 in annual energy costs as compared to a conventional dark roof.**

**Method:**

Green Roof Energy Calculator by Urban Climate Research Center – Arizona State University was adopted for the calculation. The calculation output is as following:

<b>Annual Energy Savings compared to a Dark Roof (albedo = 0.15)</b>	
Electrical Savings:	5381.1 kWh
Gas Savings:	37.5 Therms
Total Energy Cost Savings(1):	\$430.91

### Table 11: Green Roof Energy Saving

Calculator output: You specified an Old Office Building in Louisville, KY with a total roof area of 8700 ft<sup>2</sup>. The Green Roof you specified for this building has a Growing Media Depth of 5 inches, a Leaf Area Index of 2, covers approximately 93% of the total roof area (the rest being a dark roof), and is irrigated. For reference, the annual whole building electricity consumption for the specified green roof was 472609 kWh and the annual gas consumption of this green roof was 1828 Therms.

Green areas of the rooftop are all covered with ground materials/turfgrass. Due to equipment inadequacy, the team was not able to measure LAI directly onsite. As a result, the value 2 was adopted in the calculation for a conservative estimation.

## **Primary References:**

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ArchGIS World Evapotranspiration Web Viewer:

<http://www.arcgis.com/apps/OnePane/main/index.html?appid=b1a0c03f04994a36b93271b0c39e6c0f>

Owensboro Municipal Utilities: <https://omu.org/water-rates/>

## Appendix

### Owensboro Health Regional Hospital Focus Group Interview Predetermined Questions

#### Part 1: Demographic Information

1. What is your age?
2. What is your gender?
3. What is your role/professional background (nurse, medical officer, etc.)?
4. How many years of experience have you had in this current job?
5. How many years have you worked in this health facility?

#### Part 2: Usage of General Green Spaces of the Hospital

1. Which part of the green spaces on campus and what specific gardens/courtyards do you use the most during staying in the facility, and how do you use them?
2. What are the feelings or emotional status when and after you use the green spaces, try to use some adjectives to describe the feelings?
3. Regarding visibility and accessibility aspects, how do you perceive the green spaces from major indoor areas such as major corridors, waiting areas, dining areas, and patient wards?
4. How do you usually interact with design features in the green spaces, including planting, seats, paving, water feature, sculpture, etc., and have you found any facilitators/barriers to the use of the space?
5. For hospital employee: how do you think the having various green spaces on campus could impact your work performance and satisfaction about the physical environments of your workplace.
6. For family members and hospital visitors: how do you think having various green spaces on campus could impact your satisfaction about the hospitalization environment?
7. Do you have any additional comments about the green spaces on campus?

#### Part 3: Usage of Specific Areas

1. Have you ever noticed or assisted any patients to use any of the green spaces for rehabilitative activities?
2. Are you aware of any environmental benefits of having the Healing Pond on site?
3. Landscape designers adopted native plant palette to lower maintenance needs, which may inevitably result in a wild look of the planting areas. May I know your opinions about the aesthetic aspects of the design?